

**GOLD CAL JRS VOLLEYBALL CLUB**  
**Player Code of Conduct**

**Gold Cal Jrs Volleyball Club** desires all participants to have a positive, fun experience during the volleyball season. **GCJVBC** strives to create and provide a competitive atmosphere where camaraderie and mutual support are two elements players experience as part of their Club commitment. **Players** are required to adhere to the **Code of Conduct** as described below.

**Player is required to read, initial and sign where indicated below. Parents must sign where indicated below.**

1. (\_\_\_\_) **Failure to follow** the **Code of Conduct** can/may result in sanctions by the leagues NCVA and JSA toward the player, parent, team and the Club.
2. (\_\_\_\_) Coaches or the Club can/may level suspensions or expulsions against the player for failure to abide by the **Code of Conduct**.
3. (\_\_\_\_) Players will act and dress appropriately, remembering they are representing **GCJVBC** and their actions/appearance is a reflection of the Club as a whole.
4. (\_\_\_\_) **Smoking** use of **alcohol**, **drugs**, or **sneaking out** of travel, lodging accommodations **is prohibited**. **SEE ITEM # 2.**
5. (\_\_\_\_) Players must maintain control of their temper and aggression. Swearing at, shouting at or physical shoving of other players, parents, coaches or officials are **not** permitted.
6. (\_\_\_\_) Players are to respect their coaches, the Club Director, Team Parent, team members and parents during the Club season.
7. (\_\_\_\_) Players are to be courteous and respectful of other teams, parents, players, referees, scorekeepers and line judges.
8. (\_\_\_\_) When keeping score, line judging or referring, players must be alert, involved, making fair, quick and efficient calls.
9. (\_\_\_\_) Players will acknowledge and obey all rules at practice and tournament facilities. Players will maintain a clean environment around their volleyball bags, food coolers and other areas used by the team. Players will clean up their areas when vacating the site.
10. (\_\_\_\_) Players will assist in transporting team equipment to the playing site.
11. (\_\_\_\_) Players will arrive at practice a minimum of **10 minutes** if not more, before start time and will be **promptly ready to begin** practice. This includes having shoes tied, knee pads on, ankle braces on, etc.
12. (\_\_\_\_) Players will respect the coaching decisions during matches and **maintain a supportive teammate role**. The roles of players asked to perform, and the time which they are asked to play is the absolute domain of the coach and not the player.
13. (\_\_\_\_) Players will inform their coach, **well in advance**, when it is necessary for them to miss or be late for a practice or tournament.
14. (\_\_\_\_) Players will **turn off** cell phones during practice and during matches.
15. (\_\_\_\_) When traveling, players will be respectful **not trashing any** of hotels and guests, and keeping noise to a minimum.
16. (\_\_\_\_) Players are to maintain a positive attitude on and off the volleyball court. Players seated on the bench are to be supportive and attentive to those who are playing. Back stabbing, or trash talking about other teammates or other teams is **not** permitted.
17. (\_\_\_\_) Players will work diligently to improve their performance and will constructively encourage their teammates to do the same.
18. (\_\_\_\_) If a player has a problem or issue with their team, teammate or coach, the player will arrange to speak with the coach outside the bounds of practice. If the coach does not handle the situation satisfactorily, the player can/may seek the guidance of the Team Parent. If the matter still remains unresolved, the player can/may approach the Club Director in writing.
19. (\_\_\_\_) Players will resolve issues respectfully, maintaining a cooperative and rational/reasonable demeanor while doing so.

**I have read and initialed each of the above and consent to abide by the GCJVBC Player Code of Conduct.**

\_\_\_\_\_  
**PLAYER SIGNATURE**

\_\_\_\_\_  
**DATE**

\_\_\_\_\_  
**PRINT PLAYER NAME**

\_\_\_\_\_  
**PARENTS/GUARDIANS SIGNATURE**

\_\_\_\_\_  
**DATE**

\_\_\_\_\_  
**PRINT PARENTS/GUARDIANS NAME**